HAPPY VISITS AT ASTON VET THE VET VISIT STARTS BEFORE LEAVING THE HOUSE!

WHAT IS A HAPPY VISIT?

HAPPY VISITS USE POSITIVE REINFORCEMENT TO DESENSITIZE THE PET TO THE HOSPITAL AND THE EXAM BY USING INCREMENTAL STEPS.

IF THE PET EXHIBITS ANY SIGNS OF ANXIETY, THE PROCESS WILL GO BACK TO THE PREVIOUS STEP.

IN CASES OF SERIOUS ANXIETY, PETS MAY NOT COMPLETE THE CAR RIDE TO THE HOSPITAL.

THIS IS OKAY. IT MAKE TAKE SEVERAL ATTEMPTS.

REWARD EACH STEP WITH POSITIVE REINFORCEMENT:

1.GETTING IN THE CAR 2. DRIVING TO THE VET HOSPITAL

- IF YOUR PET REALIZES THEY'RE GOING TO THE VET AND STARTS TO EXHIBIT ANXIETY, CHANGE COURSE AND GO SOMEWHERE POSITIVE (E.G. PARK)
- **3. GETTING OUT OF THE CAR IN THE PARKING LOT**
- 4. WALKING INTO THE BUILDING
- **5. BEING GREETED AT THE FRONT DESK**
- **6. SITTING ON THE SCALE**
- **7. MEETING THE TECHNICIAN**
- **8. WALKING INTO AN EXAM ROOM**
- **9. MEETING THE VET**

WHAT WE USE IN HOSPITAL TO HELP WITH STRESS AND ANXIETY

WHAT ARE EXAMPLES OF POSITIVE

- PEANUT BUTTER
- FELIWAY & THUNDEREASE
 CALMING DIFFUSERS
- PEANUT BUTTER
- SPRAY CHEESE
- MATS TREATED WITH
 THUNDEREASE SPRAY
- SPECIFIC TOWELS TREATED WITH
 FELIWAY SPRAY
- UTILIZING FEAR FREE TECHNIQUES

REINFORCEMENT?

- ANYTHING THAT GIVES
 THE PET A STRONG
 POSITIVE RESPONSE
- HIGH-VALUE FOOD TREATS
- HIGH-VALUE TOYS
- **
- PRAISE

COMMON SIGNS OF STRESS, ANXIETY, AND FEAR IN CATS

- TRYING TO HIDE
- APPEARING TO BE SMALLER
- PULLING EARS BACK
- DILATED PUPILS
- ARCHED BACK
- HAIR STANDING ON END
- HISSING/SNARLING



COMMON SIGNS OF STRESS, ANXIETY, AND FEAR IN DOGS

- PACING
- PANTING
- SHAKING/TREMBLING
- INABILITY TO SETTLE
- ATTEMPTING TO HIDE
- SALIVATION
- YAWNING
- LICKING LIPS
- TAIL TUCKING
- EARS AND LIPS PULLED BACK

SCHEDULE YOUR HAPPY VISIT TODAY!